

Under 11 - 95 Gold



Top Row - Miguel Ortiz, Nicholas Mountryvong, Micheal Filipic, Micheal Donais, David Ristovski, Coach Santos Ortiz

Bottom Row - Jarod Zytner, Nikko Costantin, Adam Bordignon, Daniel Ristovski, Max Lehnart, Sean Bernard

Missing - Garrick Loewan, Curtis Prymack, Peter Grbevski, Manager Mara Derosé, Assistant Coach Jose Ortiz

"Rock Solid Defence"

- Sweeper, Miguel Ortiz, Stoppers Michael Filipic and David Ristovski were the heart of our defense. Miguel continued his great play from last year, continuing to dominate with his smart, aggressive style. And we couldn't ask for more from our stoppers Michael and David, who at times seem to create a wall of skill and strength that opponents could not break. Our defense was completed with; the forever improving, Adam Bordignon, who's smart defense and offensive runs seem to get more and more efficient, Sean Bernard, who at times seem to score more goals than our strikers, and Antonio Ciavaglia, the most reliable and efficient player on the team.

"Skillful Midfield"

- In Center Midfielder, Nicholas Mountryvong's dedication to the team and the sport was visible through his incredible touch. Nikko Costantin a natural left footer who added "the Meg" to his already impressive dribbling arsenal. We recently added Frankie Pasciuta, a smart and patient midfielder. And last, Nizam "The Machine" Zaher. His persistence destroyed opponents offence and his skills, intelligence and heart made him the most important player on the team.

"Scoring at will"

- Brendan Woodfull, Jarod Zytner, Max Lehnart and Ali Hammoud provided enough offence to help our team to win 2 championships... They seem to score in piles and at times seem unstoppable.

"Steady Goal Keeping"

- Daniel Ristovski kept us safe in the back day in and day out. He was especially efficient in big games making huge saves and playing flawless goal tending.

CLUB HEAD COACH REPORT 2006

I've really enjoyed my first full year as Windsor FC Nationals Club Head Coach. It has been very challenging, but I found that not having my own Club team to coach gave me a lot more freedom to attend practices and games. Let me first give you the OSA Rationale behind the Club Head Coach Program. It is based on the belief that soccer players in Ontario need a higher standard of coaching than they are currently receiving.

My role at the Club is to develop and challenge the coaches, while at the same time being a resource for them in all aspects of coaching. As coaches we want the best players, so it stands to reason that the players need to be coached by knowledgeable coaches. So I hope the current coaches will start by attending the OSA licensing courses, from the Pre B, through to the Canadian National License. It is only in this way that our players will receive a balanced soccer education.

I would like our coaches to focus on 5 core principles

- 1, Attacking 1 v 1
- 2, Defending 1 v 1
- 3, Passing
- 4, Receiving
- 5, Support

I'd also like to introduce some sports psychology, mental imagery, and dietary knowledge, couple these points with the belief that every practice should be structured, and you will start to see great improvement.

If we as coaches work and focus on these points Technique, Attitude, Balance and Speed, then we will develop not only great soccer players, but great people.

Steve Hart



95 Gold SEASON	W	L	T
Spring Season	5	1	1
Waterloo Tournament	1	2	0
St. Thomas Tournament	1	1	1
Springfield Tournament	4	0	0
Fall Season	10	0	0